

ALINDA ARSY

College Student

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Apartment belmont residence tower Everest, Kembangan, Kota Jakarta Barat, DKI JAKARTA.

EDUCATION

SMAN 1 CILACAP
SCIENCE MAJOR
2019-2022

TRISAKTI UNIVERSITY
MEDICAL STUDENT
2022- Present

SKILLS

- Time management
- Basic clinical skills (vital signs assessment, physical examination, history taking)
- Teamwork
- Communication & Patient Interaction
- Microsoft Office (Word, PowerPoint, Excel) and Canva

LANGUAGE

Indonesia
English

About Me

Medical student at Trisakti University currently pursuing pre-clinical/clinical education, with a strong interest in public health and internal medicine. Experienced in organizational activities, community service, and basic clinical practice. Able to work well in a team, communicative, and eager to continue learning and developing skills in the medical field.

WORK EXPERIENCE

Elective Module in Sports Medicine – Indonesian Sports Medicine Centre (ISMC) Melawai, Jakarta Selatan

Elective Medical Student- JULI 2025

Participated in clinical training and observations on sports injury management, rehabilitation, and prevention. Assisted specialists in outpatient care and developed skills in exercise prescription, patient communication, and musculoskeletal assessment.

LKMM-TD Univesitas Trisakti Faculty of Medicine

Mentor - 2025

Facilitated student orientation, conducted development workshops, and supported communication between faculty and new students.

MABIM Univesitas Trisakti Faculty of Medicine

Mentor - 2024

Facilitated student orientation, conducted development workshops, and supported communication between faculty and new students.

Community Health Awareness Volunteer

Abdi Masyarakat Trisakti - 2023

Participated in clinical training and observations on sports injury management, rehabilitation, and prevention. Assisted specialists in outpatient care and developed skills in exercise prescription, patient communication, and musculoskeletal assessment.

PKKMB Universitas Trisakti Faculty of Medicine

Mentor- 2023

Facilitated student orientation, conducted development workshops, and supported communication between faculty and new students.