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Personal Information

Married, Born: Jakarta, December 12 th
Address : Jl. Asem Baris Raya No.8E, Kebon Baru, Tebet, Jakarta Selatan, Indonesia 12830

Education

2022 - 2023	Diploma Initiation in Emergency Medicine in Workplace Setting, Universite de Guyane
2011 – 2014	Occupational Health Medicine Specialist, Faculty of Medicine , University of Indonesia, Jakarta, Indonesia.
2005 - 2008	Master of Hospital Management, Faculty of Medicine Gajah Mada University, Jogjakarta, Indonesia.
2000 - 2007	Medical Doctor, Faculty of Medicine, Trisakti University, Jakarta, Indonesia.

Professional Certificate

2007	Licensed as Medical Doctor
2007	HIPERKES “Occupational Safety and Health and Industrial Hygiene”, The Ministry of Manpower and Transmigration Republic of Indonesia
2008	ATLS “Advance Trauma Life Support” course
2009	ACLS “Advance Cardiac Life Support” course
2015	AHA Basic life support Healthcare provider and Instructor, Licensed by American Heart Association
2015	The ILO Classification of Radiograph of pneumoconiosis workshop, Ministry of Health Indonesia, International Labor Organization
2016	Competency Assesor Training, Licensed Badan Nasional Sertifikasi Profesi (BNSP) Conducted by LSP Inspektur Maritim Indonesia
2016	International Instuctur Update 2015 Guidelines for CPR American Heart Association, Hongkong.
2017	HACCP (Hazard Analysis and Critical Control Points), SEAMEO & Faculty of Medicine University of Indonesia

2017	Course "Teaching interventions crossing borders in Occupational Health & Safety" Ludwid Maximillian University Munich, Germany
2017	Sertifikat Tenaga Pelatih Kesehatan (TPK), Kementerian Kesehatan RI
2018	**Oil and Gas United Kingdom Doctor** Workshop & **Registered.** Aberdeen, Scotland, United Kingdom. PIN No.OGUK/2018/2496.
2018	**A Reader Certification,** Asian Intensive Reading of Radiograph for Pneumoconiosis according ILO Clasification,6th Air Pneumo Training, Nothanbury, Thailand. Recertificatiom December 2023.
2019	B Reader participant workshop, Asian Intensive Reading of Radiograph for Pneumoconiosis according ILO Clasification, Air Pneumo Training, Nothanbury, Thailand.
2020	Safe Access to Asbestos Affected Areas (10162NAT) and Work safely at heights (CPCCCM2010B), Melbourne, Australia.
2021	Ahli K3 Umum, Kementerian Ketenagakerjaan, Phitagoras Training.
2022	Vaccinology Training for adult and international certified of vaccination (ICV)
2023	Recertification Medical Review Officer (MRO) for Drug & Alcohol. Registered No. MRO2022-860. Academy Occupational Environmental Medicine Malaysia.
2024	Continue Medical Education Basic Ultrasonography for doctor, PUSKI & Indonesia's WFUMB-CoE
2024	Ahli Higiene Industri Muda (HIMU) certified by BNSP
2024	Training of Trainer, ALPK3I & Kementerian Ketenagakerjaan
2025	Ahli Higiene Industri Madya (HIMA) certified by BNSP

Other Certificate

- Moderator in Scientific National Seminar "Diabetes Mellitus – Stemcell New Era in Medicine", GrandMelia, March 2014
- Speaker in Indonesian Occupational Medicine Update 2017 First Report & Compensation Asbestos Related Diseases in Indonesia
- Moderator International Seminar in Occupational Health, Jakarta, April 2019. Faculty of Medicine. UHAMKA
- Moderator 15th Indonesian Occupational Medicine Update, Bandung, February 2023

Awards

- Winner "Bayer Young Environmental Indonesia" and Participant "Bayer Young Environmental Envoy International Forum", Leverkusen, Germany 2006.
- Scholarship for participation in 3rd CIH Summer School "Teaching interventions crossing borders in Occupational Health & Safety" Ludwid Maximillian University Munich, Germany August 2017
- IMFP 2021 Shortlist film shown in the Cinema of the International Media Festival for Prevention in Toronto September 2021 for film "Road to Asbestos Free in Indonesia"
- Representative of Indonesia 2025 "ILO International Labour Festa", Gyeonggi, Republic of Korea 15–17 December 2025.

Working Experience

Until Now	Occupational Medicine Doctor Specialist,Klinik Gading Eka Medika Jakarta & Klinik Chandra Kirana
2021-Now	Lecture in Universitas Trisakti Jakarta. Faculty of Medicine. Bagian Kedokteran Kerja. www.trisakti.ac.id
2016-2020	Lecture in Binawan University Jakarta. Public Health Faculty. Occupational Health & Safety Program. http://www.binawan-ihs.ac.id/ Subject (Mata Ajar): Penyakit Akibat Kerja & Biomonitoring, Hazard Fisika, Hazard Kimia, Psikologi Industri Pembimbing dan penguji Skripsi Mahasiswa S1.
2015-Now	Founder and Occupational Medicine Doctor Specialist, ZIO Clinic Occupational Health & Medicine Clinic. (PT. Zio Pakartek Profesi) www.zioclinic.com
2015-2018	Occupational Health (OH) Doctor Consultant PT. Buwana Artha Nusantara www.buwanaarthanusantara.com RIG #901 Bedidi Papua, RIG #301 Kido Shallow Papua, RIG #902 HYSY Pabelokan West Java, IDS Nagote Camp Papua Indonesia.
2015-Now	Trainer & Consultant, 4 Life Indonesia. PT. Daya Hidup Semesta. http://www.4lifeindonesia.com/
2014-2021	Occupational Medicine Specialist, Laboratorium Klinik Westerindo www.westerindo.com
2014-2024	Founder Mediko Occupational Health Colsultant & Training. PT.Mediko Okupasi Indonesia), Occupational Health www.medikokupasi.com, project: • 2016 – Now OH consultant Fajar Benua Group Cibinong www.hdgroup.id • 2015 – Now OH Consultant PT. Sanggar Sarana Baja www.ptssb.co.id
2008-Now	Instructure “First aid & Basic Life Support module” training for Maritime Industries Safety Officer (P2K3/ Petugas Pengawas Keselamatan Kesehatan Kerja), based on STCW (Standards of Training, Certification and Watchkeeping), certified by Migas, Apitindo, Disnaker. “Ikbal-M YOS Batam”, Professional Maritime & Oil Offshore Engineering Vocational School & Training. www.ikbalmyos.com
2007-2008	General Practitioner in Allergy Clinic of and AR Clinic, Jakarta.

Research, Poster, Paper, Book Published

- Translator Team Book “Menciptakan Tempat Kerja Aman & Sehat”, Tee L. Guidotti. International Commission on Occupational Health 2014.
- Poster presenter “Asbestos-related disease in indonesian workers exposed to asbestos”, XXI World Congress in Safety Health at Work 2017, September 03-06th 2017, Singapore
- Co Author “Asbestos-related Disease in Indonesian Workers Exposed to Asbestos”, International Scientific Conference and Workshop on Occupational Health and Safety in Formal and Informal Mining. August 22-25th 2017, Odense, Denmark.
- Co Author “The first asbestos-related disease compensation claim in indonesia”, International Commission on Occupational Health Congress. April 29th – May 4th 2018, Dublin, Ireland
- Author and presenter “Teaching Intervention in Good Hypertension Management for Uncontrolled Stage Two Hypertension Workers In Manufacturing Company, Indonesia”, the Fifth International Conference of Occupational and Environmental Health (ICOEH5), September 10 - 12th 2018, in Hanoi, Vietnam
- Author and presenter “*Becoming an Asbestos Free Manufacturing Company in Indonesia”,* The 11th International Occupational Hygiene Association (IOHA) International Scientific Conference, September 23-27th 2018 in Washington DC, USA
- Author “Teaching Intervention in Hypertension Management for Uncontrolled Stage Two Hypertension Workers in a Manufacturing Company, Indonesia”with Lena Kurtz, Claudia Meneses, Dwi Irawati, Reza Fahlevi, published in Occupational Health and Environment Journal Challenges and Opportunities in Sustainable DevelopmentVolume 9, Issue 23 (September 2019)
- Author & Invited Speaker And Presented The Following “Current Situation Occupational Asbestos Related Diseases in Indonesia” 29th International Symposium on Epidemiology in Occupational Health, Incorporating The 71st Annual Conference of IAOH Mumbai Branch World Trade Centre, Mumbai, India March 15 - 17, 2023
- Author. Occupational Asbestos Related Diseases in Indonesia: A Call for Urgent Action and Awareness. Jurnal Biomedika & Kesehatan. Vol. 6 No. 2 (2023). https://jbiomedkes.org/index.php/jbk/article/view/402
- Corresponding Author. Stress and Traumatic Related Disorder pada Konten Moderator: Tinjauan Pustaka. Vol. 6 No. 01 (2024): Jurnal Sehat Indonesia (JUSINDO). https://jusindo.publikasiindonesia.id/index.php/jsi/article/view/88
- Author. SpirometriMediko 3.0: Enhancing pulmonary function test accuracy with advanced Indonesia-specific reference values. Journal of UOEH, 47(Special Issue), UOEH International Symposium 2024, November 8–9, Kitakyushu, Japan. University of Occupational and
- Corresponding Author. Case study of occupational irritant contact dermatitis in nail art workers. International Journal of Occupational Medicine and Public Health, 2(1), 1–8 (2025). https://jurnal.untirta.ac.id/index.php/inomed/article/view/35152
- Corresponding Author. Studi kasus dermatitis kontak alergi akibat kerja pada pekerja bangunan. Jurnal Kesehatan Tambusai, 6(2), 6659–6666 (2025). https://doi.org/10.31004/jkt.v6i2.45044

Professional Experiences

- National Consultant (Occupational Health Lead) for Essential Health Actions and Transformation Program –Health Promotion implemented by the Asian Development Bank (ADB) in collaboration with the Ministry of Health of the Republic of Indonesia, May- August 2026.
- Expert in Medical Emergency Response Plan Assessment PT. ANTAM Tbk with Klinik Chandra Kirana 2025
- Independent assessor or Occupational Health Aspect for Mitra Bakti Husada (MBH) Award the Ministry of Health 2025
- Chief Expert in Health Risk Assessment PT. Pertamina Gas Negara SOR I 2025 with Sucofindo Laboratory
- Expert in Industrial Hygiene Monitoring & Biomomitoring PHE OSES 2025 with Sucofindo Laboratory
- Chief Expert in Health Risk Assessment PT. Pertamina Gas Negara SSWJ, Region 1,2 & 3 2025 with Sucofindo Laboratory
- Chief Expert in Health Risk Assessment PT. Pertamina Gas Negara SSWJ 2024 with Sucofindo Laboratory
- Chief Expert in Health Risk Assessment PT. Pertamina Gas Negara SOR II 2023, 2024 with Sucofindo Laboratory
- Chief Expert in Ergonomic and Psychosocial Assessment Elnusa Fabrikasi Batam 2023, 2024 with PT.Zio Pakartek Profesi
- Occupational Health Consultant PT. Bina Bangun Wibawa project March - December 2023 with PT.Zio Pakartek Profesi & TUV Rheinland
- Expert in Psychosocial Hazard Assessment PERURI, with Sucofindo Laboratory 2023
- Expert in Indoor Air Quality and Water Sanitation Assesment of WHO Jakarta Office with Sucofindo Laboratory 2018, 2023
- Expert in Psychosocial Hazard Assessment PLN Jawa Tengah, with Sucofindo Laboratory 2023
- Expert in Indoor Air Quality and Water Sanitation Assesment of Pt. Credit Suisse Sekuritas Jakarta Office with Sucofindo Laboratory 2020, 2021, 2022
- Expert in Psychosocial Hazard Assessment PLN UID, with Sucofindo Laboratory 2022
- Expert in Psychosocial Hazard Assessment PT. Energi Mega Persada Bentu Limited, with 4Life Indonesia 2022
- Expert in Psychosocial Hazard Assessment PT. Papandayan Cocoa Industries with Sucofindo Laboratory 2022
- Expert in Psychosocial Hazard Assessment PLN Kalimantan Timur, Kalimantan Selatan & Kalimantan Tengah with PT. Insurin 2022
- Expert in Fatigue examination PT. Aneka Tambang Pongkor with PT. Mediko Okupasi Indonesia 2021
- Expert in Psychosocial Hazard Assessment Bank of Indonesia (12 branch) with Sucofindo Laboratory 2021
- Expert in Fatigue examination PT. Takenaka with Westerindo 2020, 2021
- Expert in Psychosocial Hazard Assessment PT. Astra Honda Motor Plant 1, 2, Cikarang & Karawang, 2020-2021, with 4Life Indonesia
- Expert in Psychosocial Hazard Assessment PT. Suryaraya Rubberindo Industries, 2020, 2021 with 4Life Indonesia
- Expert in Psychosocial Hazard Assessment Pt. Suzuki Plant Giic Deltamas, 2020, with 4Life Indonesia
- Expert in Health Hazard Identification PT PT. Panasonic Industrial Components Indonesia (PICID) 2019 with Westerindo.
- Expert in Psychosocial & Ergonomic Hazard Assessment PT. Bayu Buana Gemilang 2019 with Westerindo.
- Expert in Health Hazard Identification Perum Percetakan Uang Republik Indonesia (Peruri) 2018 with Westerindo.

- Expert in fatigue Assessment and Psychosocial Assessment of Perusahaan Listrik Negara (PLN) Balikpapan Kalimantan Timur 2018
- Expert in Health Risk Assessment Angkasa Pura II 2018
- Expert in Health Risk Assessment Kalimantan Jawa Gas 2018
- Expert in Health Hazard Identification Bayer Indonesia 2018
- Expert Team in Health Risk Assessment Perusahaan Gas Negara (PGN) 2014, 2015, 2016, 2017, 2018
- Expert in Health Risk Assessment PT PGAS Solution 2016, 2017
- Expert in Psychosocial Hazard Assessment Bank of Indonesia, Tasikmalaya, Manokwari, Palangkaraya Branch 2016, with 4Life Indonesia
- Expert in Indoor Air Quality(IAQ) & Water Sanitation Monitoring PT Honda Trading Indonesia
- Expert in Indoor air quality Telkom Landmark Tower II 2017, with Sucofindo Lab
- Ergonomic office assessment Australian worker in Indonesia government office based on based on Australian Standard AS 3590.2-1990. Jakarta 2016
- Instructor Occupational Audiometry and Occupational Spirometry, certificate by Ministry of Manpower Indonesia since 201
- Instructor in Hearing Conservation Program Workshop, The 9th Indonesia Occupational Medicine Update 2015
- Health Risk Assessment PT. ADARO Energy 2015
- Health Risk Assessment Komisi Pemilihan Umum (KPU) 2014
- Health Risk Identification Aneka Tambang Building (ANTAM) 2014
- Health Risk Assessment Prodia Occupational Clinic, Jakarta 2013
- Respiratory Protection Program and Heat Stress Evaluation, Komatsu Indonesia, Jakarta 2014
- Wellness Programe, TetraPak Stainless Steel, Jakarta 2013
- Manage Fire and Emergency Response Plan and Drilling, TetraPak Stainless Steel, Jakarta 2013
- Manage Fire and Emergency Response Plan and Drilling, Krakatau Medika Hospital, Cilegon 2013
- First Aid Trainer based on Kemenaker Ministry of Man Power) in various company (manufacturing, construction, oil & gas, Shipyard, Office, etc), since 2008
- First Aid Trainer based on STCW (Standards of Training, Certification and Watch keeping), since 2008
- Occupational Disease Diagnosis and Fit/ Return to Work Analysis in many cases

Speaker

- Regular Invited Speaker since 2018 for Competency Enhancement of Seafarer Medical Examiners (Peningkatan kompetensi Dokter Pemeriksa Kesehatan Pelaut), Direktorat Perkapalan dan Kepelautan
- Regular Invited Speaker Career Class.id since 2020 topic medical check up
- Invited Speaker at Various Corporate and National Training, Seminars and Professional Forum

Membership of Professional Society

- Member of PERDOKI (Persatuan Dokter Spesialis Okupasi Indonesia)
- Member of ICOH (International Commission on Occupational Health)
- International Instructor of AHA (American Heart Association)
- Participation in The Scientific Activities INA-BAN (Indonesia Ban Asbestos Network)
- Oil & Gas United Kingdom (OGUK) registered Doctor

Language Proficiency

- Indonesia : Mother language
- English : Spoken (good) written (good) TOEFL score >500