SURAT EDARAN KEPALA BADAN
ADMINISTRASI KEPEGAWAIAN NEGARA
NOMOR : 01/SE/1979
TANGGAL : 09 MARET 1979

DAFTAR RIWAYAT HIDUP

KETERANGAN PERORANGAN



Nama Lengkap	dr. Muhammad Ilyas, Sp.Ok.
NIP	100120910270706891
Pangkat dan Golongan Ruang	Penata Tk. I / III/d
Tanggal Lahir / Umur	7 Juli 1986 / 40
Tempat Lahir	Jakarta
Jenis Kelamin	Pria
Agama	Islam
Status Pernikahan	Menikah
Alamat Rumah	Jalan J. No. 36 RT.006 RW 010, Kebon Baru, Tebet
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PENDIDIKAN

PENDIDIKAN DIDALAM DAN DILUAR NEGERI

NO.	NAMA PENDIDIKAN	JENJANG	JURUSAN	STTB/TANDA LULUS/IJAZAH TAHUN	TEMPAT
1	Universitas Indonesia	S-1	Pendidikan Dokter	2008-07-08	Jakarta
2	Universitas Indonesia	S-1 Profesi	Profesi Dokter	2010-07-14	Jakarta
3	Universitas Indonesia	Spesialis I	Kedokteran Okupasi	2015-06-30	Jakarta
4	Kolegium Kedokteran Okupasi Indonesia	Spesialis II	Subspesialis Kedokteran Okupasi	2022-02-23	Jakarta

KURSUS / LATIHAN

KURSUS / LATIHAN DIDALAM DAN DILUAR NEGERI

NO.	NAMA KURSUS/LATIHAN	LAMANYA (TGL/BLN) S/D TGL/BLN/THN	IJAZAH TANDA LULUS/SURAT KETERANGAN TAHUN	TEMPAT	KETERANGAN
1	AIR Pneumo Training Course and Examination	3 hari	T5-14(2016)	Nonthaburi, Thailand	AIR Pneumo - JSOH - AOEDT - Ministry of Public Health Thailand
2	Workshop Item Development and Review Penyusun Soal	1 hari	(2016)	Jakarta	FKUI
3	Pelatihan Pembelajaran Aktif Perguruan Tinggi (PAPT)	5 hari	010/UN2.R1.2/SDM.02.04.08/2019(2019)	Depok	Direktorat Pengembangan Akademik UI

PENGALAMAN JABATAN/PEKERJAAN

NO.	PENGALAMAN BEKERJA	MULAI DAN SAMPAI	GAJI POKOK
1	Pengajar	1 Feb 2019	
2	Asisten Ahli	1 Sep 2021	
3	Lektor	1 Des 2023	

TANDA JASA / PENGHARGAAN

NO.	NAMA BINTANG / SATYA LENCANA / PENGHARGAAN	KEDUDUKAN	TEMPAT	TANGGAL	KETERANGAN
1	Poster Competition IOMU 2021 with the title "The Association of Shift Work And Irregular Menstrual Cycle In Female Workers"	3rd Winner Coauthor(s)	IOMU 2021	2021	Kegiatan berlangsung selama 27November 2021-16 January 2022. Certifikat Number: 3/Poster/IOMU2021
2	Poster Competition IOMU 2021 with the title "Literature Review: Exhaled-Breath Volatile Organic Compound Detection As SARS COV-2 Biomarker Using Electronic Noses"	2nd Winner Coauthor(s)	IOMU 2021	2023	Kegiatan berlangsung selama 27November 2021-16 January 2022. Certifikat Number: 2/Poster/IOMU2021

PENGALAMAN

SIMPOSIUM / SEMINAR / PANITIA

NO.	KEGIATAN	SIFAT / PERANAN	TANGGAL	KETERANGAN
1	The 5th ILO/AIR Pneumo Training Workshop on Asian Intensive Reading of Radiographs for Pneumoconioses	Peserta	21 Desember 2016	Kegiatan berlangsung pada tanggal 21-23 Desember 2016 di Nonthaburi, Thailand.
2	The 5th ILO/AIR Pneumo Training Workshop on Asian Intensive Reading of Radiographs for Pneumoconioses	Peserta	21 Desember 2016	Kegiatan berlangsung pada tanggal 21-23 Desember 2016 di Thailand, CME 22 Credits.
3	The 3rd Indonesia AIR Pneumo Training & Workshop on Asian Intensive Reading of ILO Radiograph of Pneumoconiosis	Panitia	21 Agustus 2019	SK PB IDI No. 0708/PB/A.4/08/2019, dengan Bobot Panitia Sebesar 3 SKP
4	The 3rd Indonesia AIR Pneumo Training & Workshop on Asian Intensive Reading of ILO Radiograph of Pneumoconiosis	Panitia	21 Agustus 2019	SK PB IDI No. 0708/PB/A.4/08/2019, dengan Bobot Panitia Sebesar 3 SKP
5	Pembicara Sehat & Kuat Selama Pandemi, Program EAP	Webinar	27 Juli 2021	Flyer
6	Pembicara Working From Home Tips & Trick	Webinar	06 Agustus 2021	Surat Dinas No. SD-199/UN2.F1.KPS.PPDS Okupasi.24/PDP.00.01/2021
7	Pembicara Tim Alarm Center	Webinar	07 Agustus 2021	Flyer
8	Narasumber pada Orientasi POS UKK	Online	20 Agustus 2021	ST No. 0685/Sekr-e-ST/PERDOKI/VIII/2021
9	Narasumber pada Orientasi POS UKK	Online	27 Agustus 2021	ST No. 0686/Sekr-e-ST/PERDOKI/VIII/2021
10	Pembicara Bahaya Kesehatan dan Keselamatan Kerja Usaha Salon dan Spa	Webinar	08 September 2021	ST No. 257/UN2.F1.KPS.PPDS Okupasi.24/PDP.04.02/IX/2021
11	Narasumber RRI	Online	24 September 2021	Sertifikat RRI
12	Pembicara Hiperkes & Keselamatan Kerja Bagi Para Medis	Webinar	23 November 2021	ST No. 260/UN2.F1.SPS.PPDS Okupasi.24/PDP.04.02/IX/2021
13	Tutor Pre Employment Training Program BPS 2021 Kelas HSSE	Training	24 November 2021	ST No. 306/UN2.F1.SPS.PPDS Okupasi.24/PDP.04.02/XI/2021
14	Tutor Pelatihan HIPERKES	Pelatihan	07 Desember 2021	St No. 319/UN2.F1.SPS.PPDS Okupasi.24/PDP.04.02/XII/2021
15	Narasumber Manajemen Stress di Tempat Kerja untuk Mewujudkan Kesehatan Kerja Dimasa Pandemi Covid-19	Webinar	08 Desember 2021	ST No. 320-/UN2.F1.SPS.PPDS Okupasi.24/PDP.04.02/XII/2021
16	Narasumber Workshop Risiko Pajanan Merkuri bagi Kesehatan yang dituangkan dalam kurikulum dan modul pelatihan pengendalian dampak kesehatan dari penggunaan merkuri di lingkungan Penambang Emas Skala Kecil (PESK) bagi tenaga kesehatan	Pelatihan	07 September 2022	No. ST. 011/UN2.F1.S-14.2/SDM.05.06/2022
17	Fasilitator Pelatihan Pengenalan Penyakit Akibat Kerja Bagi Dokter dan Perawat	Online	04 Oktober 2022	Kegiatan berlangsung selama 3 hari 4-6 Oktober 2022 No Sertifikat: 016/PEL/PERDOKI/X/2022
18	Narasumber Pelatihan Pengenalan Penyakit Akibat Kerja Bagi Dokter dan Perawat	Online	04 Oktober 2022	Kegiatan berlangsung selama 3 hari 4-6 Oktober 2022 No Sertifikat: 015/PEL/PERDOKI/X/2022
19	Fasilitator Pelatihan Pengenalan Penyakit Akibat Kerja Bagi Dokter dan Perawat	Online	15 November 2022	Kegiatan berlangsung selama 3 hari 15-17 November 2022 No Sertifikat: 022/PEL/PERDOKI/XI/2022
20	Narasumber Pelatihan Pengenalan Penyakit Akibat Kerja Bagi Dokter dan Perawat	Online	15 November 2022	Kegiatan berlangsung selama 3 hari 15-17 November 2022 No Sertifikat: 021/PEL/PERDOKI/XI/2022
21	Narasumber Pengelolaan Produk Mengandung B3 dari Kegiatan Rumah Tangga Sebagai Sampah Spesifik	Talkshow	13 Desember 2022	Flyer
22	Pembicara Webinar Mencegah Potensi Penyakit Akibat Kerja di Lingkungan Kantor	Webinar	21 Februari 2023	ST No. 557/UN2.F1.D/SDM.07/2023
23	Narasumber Kegiatan Peningkatan Wawasan Keselamatan dan Kesehatan Kerja di Fasilitas Pelayanan Kesehatan "Upaya Pencegahan Infeksi di Fasyankes (Puskesmas)"	Pelatihan Online	11 Juli 2023	ST No. ST-417/UN2.F1.MG.14/PDP.08/2023
24	Narasumber Kegiatan Peningkatan Wawasan Keselamatan dan Kesehatan Kerja di Fasilitas Pelayanan Kesehatan "Upaya Pencegahan Infeksi di Rumah Sakit"	Pelatihan Online	12 Juli 2023	ST No. ST-418/UN2.F1.MG.14/PDP.08/2023

PUBLIKASI

NO.	JUDUL	PERAN (Jmlah Anggota)	TAHUN	KETERANGAN
1	Improving Workplace-Based Intervention in Indonesia to Prevent and Control Anemia: Improving Workplace-Based Intervention in Indonesia to Prevent and Control Anemia Show less Muchtaruddin Mansyur, Levina Chandra Khoe, Michelle Marcella Karman, Muhammad Ilyas	Anggota (3)	2019	https://doi.org/10.1177/2150132719854917
2	Allergic Contact Dermatitis Among Healthcare Workers Exposed to Glutaraldehyde	Anggota (1)	2021	terbit pada: 2021 di The Indonesia Journal of Community and Occupational Medicine - Penerbit Magister Kedokteran Kerja dan Iluni MKK FKUI, Vol: 1, Issue: 2, ISBN/ISSN 2798-723X
3	Biomonitoring Of Sevoflurane Exposure In Anesthesiologist	Anggota (1)	2021	terbit pada: 2021 di The Indonesian Journal of Public Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 16, Issue: 1, ISBN/ISSN 2540-8836
4	Bone Aluminum As A Biological Monitoring Of Occupational Exposure To Aluminum	Anggota (1)	2021	terbit pada: 2021 di The Indonesian Journal of Public Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 16, Issue: 1, ISBN/ISSN 2540-8836

5	Chronic Kidney Disease Among Workers Exposed To Perfluorooctanoic Acid (PFOA)	Peneliti Utama (1)	2021	terbit pada: 2021 di The Indonesia Journal of Community and Occupational Medicine - Penerbit Magister Kedokteran Kerja dan Iluni MKK FKUI, Vol: 1, Issue: 2, ISBN/ISSN 2798-723X
6	Diabetes Mellitus Among Workers Exposed to Perfluorooctanoic acid	Anggota (1)	2021	terbit pada: 2021 di The Indonesia Journal of Community and Occupational Medicine - Penerbit Magister Kedokteran Kerja dan Iluni MKK FKUI, Vol: 1, Issue: 2, ISBN/ISSN 2798-723X
7	Improving Workplace-Based Intervention in Indonesia to Prevent and Control Anemia	Anggota (3)	2021	Diterbitkan secara online 21 Jun 2019 dengan link https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6589957/
8	Literature Review: Biological Monitoring of Occupational Tetrachloroethylene Exposure in Workers	Anggota (1)	2021	terbit pada: 2022 di The Indonesian Journal of Occupational Safety and Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 11, Issue: 1, ISBN/ISSN 2540-7872
9	Literature Review: Heart Rate Variability as a Biomonitoring of Occupational Stress	Anggota (1)	2021	terbit pada: 2022 di The Indonesian Journal of Occupational Safety and Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 11, Issue: 3, ISBN/ISSN 2540-7872
10	Lung Cancer Associated With Carbon Black Exposure On Brick Workers	Anggota (2)	2021	terbit pada: 2021 di The Indonesian Journal of Public Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 16, Issue: 1, ISBN/ISSN 2540-8836
11	Relationship Between Nutrition Intake And The Fitness Of Manufacturing Workers In Indonesia	Peneliti Utama (5)	2021	terbit pada: 2021 di The Indonesian Journal of Public Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 16, Issue: 1, ISBN/ISSN 2540-8836
12	Relationship Between Shift Work and the Risk of Prostate Cancer: An Evidence Base Case Report	Anggota (2)	2021	terbit pada: 2021 di The Indonesia Journal of Community and Occupational Medicine - Penerbit Magister Kedokteran Kerja dan Iluni MKK FKUI, Vol: 1, Issue: 1, ISBN/ISSN 2798-723X
13	Relationship of Night Shift Work and Breast Cancer	Anggota (2)	2021	terbit pada: 2021 di The Indonesia Journal of Community and Occupational Medicine - Penerbit Magister Kedokteran Kerja dan Iluni MKK FKUI, Vol: 1, Issue: 1, ISBN/ISSN 2798-723X
14	Renal Function Analysis of Crane Operators in a Container Terminal and its Related Factors'	Anggota (4)	2021	terbit pada: 2022 di Acta Medica Philippina - Penerbit University of the Philippines Manila, Vol: 56, Issue: 2, ISBN/ISSN 2094-9278
15	Short-term occupational hazard exposure at tire mechanic workshops can aggravate hepatic cirrhosis? A case report.	Peneliti Utama (4)	2021	Diterbitka secara online 30 Jan 2021 dengan link https://ijhes.com/index.php/ijhes/article/view/135
16	Short-term occupational hazard exposure at tire mechanic workshops can aggravate hepatic cirrhosis? A case report. Muhammad Ilyas Iqbal: Muhammad Ilyas Iqbal, Arnold Fernando, Dewi Soemarko	Peneliti Utama (2)	2021	DOI: https://doi.org/10.1234/ijhes.v4i1.135
17	The Assessment Of Health Protocol Implementation In Food And Beverages Business During Covid-19 Pandemic Era	Anggota (4)	2021	terbit pada: 2021 di The Indonesian Journal of Public Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 16, Issue: 1, ISBN/ISSN 2540-8836
18	The Effect of Exposure Process of Toluene To The Spermatogonia Cell a Rattus Strain Wistar	Peneliti Utama (4)	2021	Diterbitkan secara online pada 15 April 2021 dengan link http://mki-ojs.idionline.org/jurnal/article/view/349
19	The Effect of Exposure Process of Toluene To The Spermatogonia Cell a Rattus Strain Wistar: Muhammad Ilyas, Muchtaruddin Mansyur, Pudji Sari, Dwi Anita Suryandari, Pramudianto	Peneliti Utama (4)	2021	DOI: https://doi.org/10.47830/jinma-vol.71.1-2021-349
20	The Effect Of Intervention Programs On How To Work Complaints In Mechanical Workers In Heavy Equipment Companies	Peneliti Utama (4)	2021	terbit pada: 2021 di The Indonesian Journal of Public Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 16, Issue: 1, ISBN/ISSN 2540-8836
21	Thyroid Disease Among Workers Exposed To Perfluorooctanoic Acid (PFOA)	Perorangan (0)	2021	terbit pada: 2021 di The Indonesia Journal of Community and Occupational Medicine - Penerbit Magister Kedokteran Kerja dan Iluni MKK FKUI, Vol: 1, Issue: 2, ISBN/ISSN 2798-723X
22	1,2-dihydroxynaphthalene as Biomonitoring of Occupational Exposure to Naphthalene	Anggota (1)	2022	terbit pada: 2022 di The Indonesian Journal of Occupational Safety and Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 11, Issue: 1, ISBN/ISSN 2540-7872
23	Bronchial Asthma Among Synthetic Fertilizer Factory Workers Exposed to Ammonia	Anggota (1)	2022	terbit pada: 2022 di The Indonesia Journal of Community and Occupational Medicine - Penerbit Magister Kedokteran Kerja dan Iluni MKK FKUI, Vol: 2, Issue: 1, ISBN/ISSN 2798-723X
24	Examination of Salivary Cortisol as a Biomonitoring of Work-Related Stress	Anggota (1)	2022	terbit pada: 2022 di The Indonesian Journal of Occupational Safety and Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 11, Issue: 1, ISBN/ISSN 2540-7872
25	Examination of Salivary Cortisol as a Biomonitoring of Work-Related Stress	Anggota (1)	2022	terbit pada: 2022 di The Indonesian Journal of Occupational Safety and Health - Penerbit Faculty of Public Health Universitas Airlangga, Vol: 11, Issue: 1, ISBN/ISSN 2540-7872
26	Literature Review: Cancers Among Workers Exposed to Perfluorooctane Sulfonate (PFOS)	Anggota (1)	2022	terbit pada: 2022 di The Indonesia Journal of Community and Occupational Medicine - Penerbit Magister Kedokteran Kerja dan Iluni MKK FKUI, Vol: 1, Issue: 3, ISBN/ISSN 2798-723X
27	Naphthol as A Biological Monitoring on Naphthalene Exposure in Workers	Anggota (1)	2022	terbit pada: 2022 di The Indonesia Journal of Community and Occupational Medicine - Penerbit Magister Kedokteran Kerja dan Iluni MKK FKUI, Vol: 1, Issue: 3, ISBN/ISSN 2798-723X
28	Relation of Urinary Mercury Level to Chronic Fatigue Syndrome among Workers of Artisanal and Small-scale Gold Mining: A Study of 3 Districts in West Nusa Tenggara Province and Lebak District of Banten Province, Indonesia	Perorangan (6)	2022	terbit pada: 2022 di Acta Medica Philippina - Penerbit University of the Philippines Manila, Vol: 56, Issue: 19, ISBN/ISSN 2094-9278
29	The Effect of COVID-19 Pandemic on Anxiety Disorders among Workers in a Hospital in Balikpapan, East Kalimantan	Anggota (4)	2022	terbit pada: 2022 di Acta Medica Philippina - Penerbit University of the Philippines Manila, Vol: 56, Issue: 19, ISBN/ISSN 2094-9278
30	The health profile of Indonesian election voting officers in 2019: study at Java Island	Peneliti Utama (6)	2022	terbit pada: 2022 di The International Congress of Occupational Health 2022 (ICOH 2022) - Penerbit Occupational Safety and Health Research Institute, Korea Occupational Safety and Health Agency, Vol: 13, Issue:1, ISBN/ISSN 2093-7997

KETERANGAN KELUARGA

ISTRI / SUAMI

NO.	NAMA	TANGGAL LAHIR	TANGGAL MENIKAH	PEKERJAAN	KETERANGAN
1	Intan Kusumastuti	8 Nov 1990	11 Mei 2013	Lain-lain	Isteri

ANAK

NO.	NAMA	TANGGAL LAHIR	TANGGAL MENIKAH	PEKERJAAN	KETERANGAN
1	Alula Fatimah Zhafira	2 Feb 2015		Lain-lain	Anak
2	Muhammad Umar Syamil	2 Mei 2017		Lain-lain	Anak
3	Muhammad Luqman Shidiq	31 Jul 2019		Lain-lain	Anak

BAPAK DAN IBU KANDUNG

ORANG TUA	NAMA
Bapak	M. Iqbal Wijaya
Ibu	Hartini

Demikian daftar riwayat hidup ini saya buat dengan sesungguhnya dan apabila dikemudian hari terdapat keterangan yang tidak benar saya bersedia dituntut dimuka pengadilan serta bersedia menerima segala tindakan yang diambil oleh pemerintah.

Depok, 28 Oktober 2026

Yang membuat,

(dr. Muhammad Ilyas Sp.Ok.)