

Nayla Afiyah Sharfina Aswari

SUMMARY

Motivated and disciplined student-athlete with a strong background in balancing rigorous academic demands with high-level athletic performance. Highly adaptable, goal-oriented, and experienced in teamwork, leadership, and time management. Dedicated to continuous improvement, with a proven ability to thrive under pressure and maintain focus on long-term success.

CONTACT INFORMATION

Cell: (+62) 821 8621 9677
Email: naylaaswari@gmail.com
Address: Kemang Village Apartment, South Jakarta

EDUCATION HISTORY

HighScope High School Program

High School Diploma, Class of 2022

- Former head division of Information Communication and Technology in Student Council
- Former head of administration for HighScope Model United Nations 2021

PAST ACHIEVEMENTS

PON XXI

Aceh-Sumut 2024

- Bronze for Embu Beregu Putri

Shorinji Kempo World Taikai

Tokyo 2023

- 5th place for Embu Tandoku Women Dan-holder

Kejuaraan Nasional Mahasiswa UNJ

Jakarta 2023

- Silver for Embu Tandoku Putri Yu-Dansha

BK PON XXI

Surabaya 2023

- 4th place for Embu Beregu Putri
- 6th place for Embu Berpasangan Campuran Yudansha
- Qualified for PON

Monas Cup

Jakarta 2023

- Gold for Embu Beregu Putri

Kejuaraan Daerah DKI Jakarta

Jakarta 2022

- Gold for Embu Beregu Putri
- Silver for Embu Berpasangan Putri Kyu-1

Kejuaraan Nasional Mahasiswa

Jakarta 2022

- Gold for Embu Beregu Putri
- Gold for Embu Tandoku Putri Kyu-Kenshi

Kejuaraan Nasional Piala Walikota

Surakarta 2022

- Gold for Embu Berpasangan Putri Kyu-Kenshi

Kejuaraan antar Dojo DKI JAKARTA

Jakarta 2022

- Gold for Embu Berpasangan Putri Kyu -Kenshi
- Gold for Embu Beregu Campuran
- Gold for Randori Putri 40-45 kg

Kejuaraan Nasional Kutai Kartanegara

Kalimantan Timur 2019

- Gold for Embu Berpasangan Putri Kyu -Kenshi
- Gold for Embu Beregu Putri

Monas Cup

Jakarta 2019

- Gold for Embu Beregu Putri

Kejuaraan Pasar Minggu Terbuka

Jakarta 2018

- Silver for Embu Berpasangan Putri Kyu-1
- Bronze for Embu Beregu Putri

Kejuaraan Nasional antar Dojo Piala Menteri

Yogyakarta 2018

- Silver for Embu Berpasangan Putri Kyu-Kenshi
- Silver for Embu Beregu Putri

Shorinji Kempo World Taikai

San Fransisco 2017

- 2nd Place for Junior Embu Pair

Kejuaraan Nasional Walikota Cup

Jakarta 2017

- Gold for Embu Berpasangan Putri Kyu-Kenshi
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- Bronze for Embu Beregu Putri

WORK EXPERIENCE

Shorinji Kempo Athlete

2009-present

- Active in Shorinji Kempo since 2009

Member of Pelatda Kempo DKI Jakarta

Lapis 1, 2022-2024

- Chosen to be the core team of Pelatda for PON XXI
- Contributed on placing third at PON XXI
- Was actively participating in training and competitions

Member of Pelatda Kempo DKI Jakarta

Lapis 2, 2019

- Was chosen to be under Pelatda Kempo DKI Jakarta
- Been active and commited at Pelatda for a year
- Contributed on placing first place on national competitions



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Nayla Afiyah Sharfina Aswari

SUMMARY

Motivated and disciplined student-athlete with a strong background in balancing rigorous academic demands with high-level athletic performance. Highly adaptable, goal-oriented, and experienced in teamwork, leadership, and time management. Dedicated to continuous improvement both on the field and in the classroom, with a proven ability to thrive under pressure and maintain focus on long-term success. Seeking to leverage these skills in a dynamic and challenging environment.

CONTACT INFORMATION

Cell: (+62) 821 8621 9677
Email: naylaaswari@yahoo.com
Website: sites.google.com/sch.highscope.or.id/naylaaswari
Address: Kemang Village Apartment, South Jakarta

KEY ABILITIES

- Critical thinker and creative at problem solving
- Excellent communication skills on both Bahasa and English
- Exceptionally hardworking person with strong Work Ethic

WORK EXPERIENCE

Content Division

ORKA 2020-present

- Been active and committed at a youth-based organisation.
- Provide ideas for contents and social media in general

Graphic Designer | Internship

MouNachos_Wie 2021

- Made packaging designs
- Espouse the needs of the mentor
- Promote the business products

Content Writer and Graphic Designer | Internship

Kasayacare 2019-2020

- In charge of the content and design
- Espouse the needs of the mentors of company
- Gain knowledge in terms of psychology

Athlete of Shorinji Kempo

Shorinji Kempo, 2009-present

- Been active in Shorinji Kempo since 2009
- Achieved dozens of of medals in the range of 6 years
- Won the 'best technique' in a world competition on 2017

Member of Pelatda DKI

Shorinji Kempo, 2019

- Was chosen to be under Pelatda DKI
- Been active and commited at Pelatda for a year
- Contributed on placing first place on national competitions

EDUCATION HISTORY

HighScope High School Program

High School Diploma, Class of 2022

- A former member of student council as the head division of Information Communication and Technology
- A former head of administration for HighScope Model United Nations 2021
- A former Liaison Officer for HighScope Model United Nations 2019

HighScope middle School Program

Middle School Diploma, Class of 2019

- A former member of Hiffest Committee 2019
- A former talent director at a company on Business day 2019
- Done Community work at Yayasan Al-futuwwah



Nayla Afiyah Sharfina Aswari

PERSONAL SUMMARY

A dedicated and hard-working person who is responsible and passionate on work. Having a mind full of creativity and innovations makes digital design and content management a suitable work to utilize my abilities.

WORK EXPERIENCE

MEMBER OF DESIGN TEAM
HSPA 2020

- Part of the design team of HSPA
- In charge of the instagram story

CONTENT DIVISION
ORKA 2020-present

- Been active and committed at a youth-based organisation.
- Provide ideas for contents and social media in general

CONTENT WRITER AND GRAPHIC DESIGNER | INTERNSHIP
Kasayacare 2019-2020

- In charge of the content and design
- Espouse the need of the mentors of company

KEY ABILITIES

- Critical thinking and creative problem solving
- Communication skills
- Responsible

EDUCATION HISTORY

HIGH SCOPE HIGH SCHOOL PROGRAM

High School Diploma, Class of 2022

-A former member of the design team of HSPA
-A member of the student council of Highscope as the head division of ICT
-A former member of administration for HSMUN

HIGH SCOPE MIDDLE SCHOOL PROGRAM

Middle School Diploma, Class of 2019

-A former member of Hiffest Committee 2019
-A former talent director at a company on Business day 2019
-Done Community work at Yayasan Al-futuwwah

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PERSONAL SUMMARY

a dedicated and hard-working person who advocate and is strongly aware of the issue regarding mental health issue.

PREVIOUS WORK

MEMBER OF THE LIAISON OFFICER
HSMUN 2019

- Provide assistance to the delegates
- Inform the delegates about important matters
- Espouse the conference session

MEMBER OF PELATDA DKI
Shorinji Kempo, February 2019

- Been active and commited at Pelatda for around a year

BUSINESS DAY
Business Day 2019

- The talent director for a company on Business Day

KEY ABILITIES

- Critical thinking and creative problem solving
- Communication skills
- Responsible

EDUCATION HISTORY

HIGH SCOPE HIGH SCHOOL PROGRAM

High School Diploma, Class of 2022

-A former member of Liaison Officer for HSMUN
-Achieved medals from Shorinji Kempo
-Member of Shorinji Kempo's national team for a year

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Middle School Diploma, Class of 2019

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NAYLA AFIYAH SHARFINA ASWARI

PSYCHOLOGIST

PERSONAL SUMMARY

I'm an experienced and dedicated psychologist with excellent communication skills that has been specialising on delivering mental health support for adults and adolescents.

HIGHLIGHTED SKILLS

- Problem Solver
- Excellent Communication Skills
- Quick Learner
- Hardworking
- Strong Work Ethic
- Great Attention to Detail
- Strong Knowledge in Vocabularies

WORK HISTORY

Psychologist

SILOAM HOSPITAL 2029 TO 2031

- Developed child's self esteem
- Experienced with clients from diverse background of needs
- Experienced in delivering mental health support for adults and youth with mental health problems in the public and private sectors

Founder of launtric clinic

LĂUNTRIC CLINIC *2031 TO PRESENT*

MY REFERENCES

Prof. Dr. Slamet Iman Santoso
(123) 456 789
Dr. Seto Mulyadi, S.Psi., M.Si.
(123) 456 789
Prof. Dr. Hamdi Muluk M.si
(123) 456 789

PREVIOUS EDUCATION

Master's degree, Psychology

UNIVERSITY OF INDONESIA, 2029

- Maintained a 3.8 GPA
- Consistent dean's lister
- Features editor of the college newspaper
- Varsity member of the swimming team for 3 years

Bachelor degree, Psychology

UNIVERSITY OF INDONESIA, 2026

- Maintained a GPA of 3.8
- A member of Liaison Officer for HSMUN
- Achieved medals from Shorinji Kempo
- Member of Shorinji Kempo's national team for 3 years

High Scope High School Program

HIGH SCHOOL DIPLOMA, CLASS OF 2022

- Maintained a GPA of 3.8
- A member of Liaison Officer for HSMUN
- Achieved medals from Shorinji Kempo
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