

ASTUTI PITARINI

GET IN CONTACT

astuti.pitarini@gmail.com
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ORCID ID: 0000-0002-8176-6934

AREAS OF INTEREST

- Foot and ankle sports, trauma and reconstruction surgery
- Foot and ankle deformity correction
- Ankle arthroscopy and cartilage disorder
- Achilles tendon disorder

ACHIEVEMENTS

- 1st place winner Free Paper Presentation at 2017 Asia Arthroscopy Congress (AAC) Combined Meeting with Indonesian Orthopedic Society for Sports Medicine and Arthroscopy (IOSSMA)
- 1st place winner Final Paper Presentation at 2015 Indonesian Orthopaedic Annual Meeting

PROFESSIONAL AFFILIATIONS

- Indonesian Orthopaedic Association (IOA)
- Indonesian Foot and Ankle Society (INAFAS)
- Indonesian Orthopaedic Society for Sports Medicine and Arthroscopy (IOSSMA)
- Asia Pacific Orthopaedic Association, Foot and Ankle Section (APOA)
- Arthroscopy Association of North America (AANA)
- American Orthopaedic of Foot and Ankle Society (AOFAS)
- American Orthopaedic Society for Sports Medicine (AOSSM)

WORK

CAROLUS BONE AND JOINT CENTRE
ST. CAROLUS HOSPITAL, JAKARTA
2016 - Present

EKA HOSPITAL - BSD
2024 - Present

JAKARTA KNEE & SHOULDER ORTHOPAEDIC SPORTS CENTRE (JKOSC)
PONDOK INDAH HOSPITAL - PONDOK INDAH
2019 - 2024

EDUCATION

MEDICAL DOCTOR
2003-2009
Faculty of Medicine University of Indonesia

ORTHOPAEDIC TRAINING
2011-2016
Faculty of Medicine University of Indonesia

FELLOWSHIP
2019
Foot and Ankle Department, Massachusets General Hospital, Harvard Teaching Hospital, Boston, United States (clinical observer)

2018
Foot and Ankle Sports, Arthroscopy, and Reconstruction, National University Hospital, Singapore (clinical fellow)

2017
Foot and Ankle Unit, Singapore General Hospital, Singapore (clinical observer)

2016-2017
Foot and Ankle Reconstruction Unit, St. Maartenskliniek, Nijmegen, Netherland (visiting fellow, on *Scholarship by Dutch-Indo Marinus Plantema Foundation)*

CURRENT ACTIVITIES AND ROLES

JOURNAL REVIEWER
Annals Academy of Medicine Singapore, European Journal of Orthopaedic Surgery, Jurnal Orthopedi Traumatologi Indonesia

TEACHING STAFF - SURGERY
St. Carolus Hospital - Faculty of Medicine Atmajaya University, Department of Surgery



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EXPERIENCE AS SPEAKER,MODERATOR,INSTRUCTOR

AUGUST 2023 (WORKSHOP INSTRUCTOR/SPEAKER)
COMBINED SCIENTIFIC MEETING INDONESIAN FOOT AND ANKLE SOCIETY & INDONESIAN SHOULDER ELBOW SOCIETY

JANUARY 2022 (SPEAKER)
WEBINAR INDONESIAN FOOT AND ANKLE SOCIETY 2022
TITLE: TREATING THE PERONEAL TENDON INJURIES

OCTOBER 2021 (SPEAKER)
WEBINAR ILMIAH DOCTOR TO DOCTOR APP
TITLE: KOMPLIKASI AKIBAT PERUBAHAN BENTUK PADA KAKI DIABETES

SEPTEMBER 2020 (SPEAKER)
8TH ANNUAL MEETING IOSSMA SUMMIT: 2020 WEBINAR SERIES:
TITLE:UNDERSTANDING CLAI: CHRONIC LATERAL ANKLE INSTABILITY

AUGUST 2020 (MODERATOR)
THE 4TH ICTEC ONLINE ORTHOPAEDICS SPORTS UPDATES: ANKLE ARTHROSCOPY
LINK: HTTPS://YOUTU.BE/CQDXO5GDYPY

NOVEMBER 2019 (SPEAKER)
70TH ANNUAL CONGRESS PHILLIPPINES ORTHOPAEDIC ASSOSCIATION
TITLE:CHARCOT FOOT COMPLICATIONS: AN ORTHOPAEDIC PERSPECTIVE RE-VISITED

SEPTEMBER 2019 (WORKSHOP INSTRUCTOR)
THE 3RD CONGRESS AND 7TH ANNUAL MEETING OF INDONESIAN ORTHOPEDIC SOCIETY FOR SPORTS MEDICINE AND ARTHROSCOPY (IOSSMA): ORTHOPAEDIC SPORTS UPDATE FROM SHOULDER TO FOOT & ANKLE NEW PERSPECTIVES IN DIAGNOSIS & SURGICAL TECHNIQUE
CADAVERIC FOOT AND ANKLE WORKSHOP

SEPTEMBER 2019 (MODERATOR)
THE 3RD CONGRESS AND 7TH ANNUAL MEETING OF INDONESIAN ORTHOPEDIC SOCIETY FOR SPORTS MEDICINE AND ARTHROSCOPY (IOSSMA): ORTHOPAEDIC SPORTS UPDATE FROM SHOULDER TO FOOT & ANKLE NEW PERSPECTIVES IN DIAGNOSIS & SURGICAL TECHNIQUE
TITLE:
1. GENERAL SPORTS: ANATOMIC AND BIOMECHANICS
2. LIVE PHYSICAL EXAMINATION FOOT AND ANKLE CASES

APRIL 2019 (SPEAKER)
67TH CONTINUING ORTHOPAEDIC EDUCATION
TITLE: PLATELET RICH PLASMA AND UNDERSTANDING RISK FACTOR FOR HEEL PAIN SYNDROME

SEPTEMBER 2018 (SPEAKER)
7TH CURRENT CLINICAL PRACTICE GUIDELINES
TITLE: ORTHOPAEDIC APPROACH IN FOOT AND ANKLE SPORTS INJURY

PUBLICATIONS

PITARINI A, ANASTASIA M, KENNEDY D, SUMARGONO E, KHOLINNE E
THE SURGICAL PROCEDURE IN MANAGING PERONEAL TENDON INJURY: A CASE SERIES
ORTHOPAEDIC RESEARCH AND REVIEWS 2022:14; 255-62

HARTOYO FZ, SANTOSO PMA, DESLIVIA MF, PITARINI A, SUMARGONO JBE, SALEH I
CURRENT UPDATE IN ACHILLES TENDON RUPTURE MANAGEMENT: OPERATIVE OR NONOPERATIVE?
THE JOURNAL OF INDONESIAN ORTHOPAEDIC & TRAUMATOLOGY.
HTTPS://DOI.ORG/10.31282/JOTI.V7N2.132

RUSDIANTO A, TANIA F, SISWANTO B, **PITARINI A**
EARLY DEBRIDEMENT IMPROVES OUTCOME IN MANAGING ANKLE TUBERCULOSIS: A SYSTEMATIC REVIEW
CURRENT ORTHOPAEDIC PRACTICE. 2021; 32(4)

SIANG DKT, **PITARINI A**, KOO K
ALLOGRAFT RECONSTRUCTION OF SPONTANEOUS TIBIALIS ANTERIOR TENDON RUPTURE IN A DIABETIC PATIENT
J ORTHOP CASE REP. 2019; 9(3): 57–60. DOI: 10.13107/JOCR.2250-0685.1420

PITARINI A, THAM WYW, HONG SK, PRABHAKARAN A, CHEE YH
PLATELET RICH PLASMA THERAPY AND ASSOCIATED RISK FACTORS OF HEEL PAIN. FOOT AND ANKLE ORTHOPAEDICS 4(4). ANNUAL MEETING 2019.

QIN CH, ZHANG HA, CHEE YH, **PITARINI A**, ALI AA
COMPARISON OF THE USE OF ANTIBIOTIC-LOADED CALCIUM SULPHATE AND WOUND IRRIGATION-SUCTION IN THE TREATMENT OF LOWER LIMB CHRONIC OSTEOMYELITIS.
INJURY.2018
HTTPS://DOI.ORG/10.1016/J.INJURY.2018.10.036

OTHER TRAINING IN FOOT & ANKLE

2024
CADAVERIC TOTAL ANKLE ARTHROPLASTY WORKSHOP - JAKARTA

2017
THE AMSTERDAM 17TH FOOT & ANKLE PLATFORM COURSE - NETHERLANDS

2016
ANKLE ARTHROSCOPY CADAVERIC WORKSHOP - JAKARTA

2016
AO ANKLE AND FOOT -JAKARTA

2015
ULTRASOUND GUIDED IN INTERVENTIONAL PAIN MANAGEMENT WORKSHOP IN COLLABORATION WITH MELBOURNE PAIN GROUP - JAKARTA