

DIARA AYESHA NUGROHO

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Andara Park Residence, Cinere, Depok

Dedicated medical student at Trisakti University with a strong passion for advancing medical knowledge and improving patient outcomes through clinical experience and research. Committed to continuous learning and professional growth, with a keen interest in contributing to the advancement of healthcare. Actively seeking opportunities to enhance both academic and practical skills while making a meaningful impact on public health. Driven by a commitment to serving the community by applying medical expertise to promote better healthcare outcomes.

Experiences

DONOR DARAH by PPIJS 2022 - **Walikota Jakarta Selatan** Nov 2022

Staff

An event held by PPIJS that provides free blood donation facilities for both donors and recipients.

PANWASLU FK USAKTI 2024 - **West Jakarta, DKI Jakarta, Indonesia** Nov 2024 - Jan 2025

Staff

The body that oversees the election process for the President of BEM FK Trisakti

SOCA OSTEON by AMSA USAKTI - **West Jakarta, DKI Jakarta, Indonesia** Nov 2024

Volunteer

A community service program about obecity and health service in collaboration with SDN 03 Kemanggisan.

PURNA PASKIBRAKA INDONESIA JAKARTA SELATAN 2022 - **Walikota Jakarta Selatan** Mar 2022 - Aug 2023

Member

The flag raisers and/or lowerers of the duplicate Sang Saka Merah Putih at the Mayor's Office of Jakarta Selatan.

SPLASH 2023 - **Walikota Jakarta Selatan** Jan 2023

Staff

"Sama Paskibraka Latihan Seharian" is a joint of Paskibraka training for high school students in South Jakarta held by PPIJS.

NIZAMIA ANDALUSIA MIDDLE SCHOOL STUDENT COUNCIL - **South Jakarta, DKI Jakarta, Indonesia** Dec 2019 - Jun 2020

Staff

A student council made by Nizamia Andalusia Middle School to organize the students in the school.

AIRGAMES 2023 - **SMA Al-Izhar Pondok Labu** Feb 2023

1st Winner of Handball Competition

The biggest sport competition made by Al-Izhar Pondok Labu Highschool that competes highschool in South Jakarta

TEND FOR YOUTH X PIK R BANGKA JAKARTA SELATAN - **Jakarta Selatan, DKI Jakarta, Indonesia** Sep 2021

2nd Winner

A national short video competition held by Tend for Youth organisation for high school students.

JAKARTA HANDBALL FESTIVAL 2023 - **Tanjung Priok, Jakarta** Oct 2022

3rd Winner

A highschool handball competition held by Asosiasi Bola Tangan Indonesia that was supported by DISPORA.

FTF 2024 - **West Jakarta, DKI Jakarta, Indonesia** Oct 2024 - Nov 2024

Staff

A national sport competition held by FK USAKTI.

PEDULI PANTI by DHARMA BHAKTI - **West Jakarta, DKI Jakarta, Indonesia** Apr 2024

Staff

A social program aimed at providing support and donations to orphanage children and families in need held by Dharma Bakti.

ABDIMAS 2024 Nov 2024

Participant
A social service activity in the form of health education counseling for the community held by BEM FK USAKTI.

LATSIWABERNUS by DHAMRA BHAKTI - **Cidahu, West Java, Indonesia** Feb 2025

Member of the Publication, Documentation, and Decoration division
Social service and public health education in Cidahu village organized by Dharma Bakti.

PEMOEDA BISA Jan 2022 - Sep 2023

Video Editor
An organisation that give space for youth of Indonesia to build self development and contribute to make positive impact through social media platforms.

Education Level

Universitas Trisakti - **West Jakarta, DKI Jakarta, Indonesia** Sep 2023 - Sep 2027 (Expected)

Undergraduate in Faculty of Medicine

SMA Al Izhar Pondok Labu - **South Jakarta, DKI Jakarta, Indonesia** Jun 2020 - May 2023

Senior High School

Skills, Achievements & Other Experience

- **Soft skill**: Time management, Effective communication, Critical thinking & Problem solving
- **Hard Skills**: Basic medical skills, Fluent in english, Abilities in Microsoft Applications, Strong skill in academic writing