CURRICULUM VITAE

Dr. dr. Verawati Sudarma, M. Gizi., Sp.GK



Name: Dr. dr. VERAWATI SUDARMA, M. Gizi., Sp.GK

Educational Background:

- Medical Faculty of Trisakti University (1997-2003)
- Master Degree of Clinical Nutrition from Faculty of Medicine Indonesian University (2008-2010)
- Clinical Nutrition Specialist from Faculty of Medicine Indonesian University (2011-2013)
- Doctoral Program of Nutrition Faculty of Medicine Indonesian University (2018 – 2023)

Working Experiences :

- Lecturer di Medical Faculty, Trisakti University
- Nutrition specialist in Siloam Hospital Simatupang from January 2014 – now
- Nutrition specialist in Kemang Medical Care – Mother & Child Hospital from 2015 – now
- Nutrition specialist in AMS Clinic – Kemang from 2020 – now

Organization :

- Team of Professional Committee – Clinical Nutrition Association Jakarta (2015 – 2018)
- Secretary of Indonesian Medical Nutrition Society (2017 – now)
- Member of Indonesia Doctor Association
- Member of American Society of Nutrition

Publications :

1. Sudarma V, Sukmaniah S, Parlindungan S. Dark Chocolate effect on NOx serum level and Blood Pressure in Prehypretension. Acta Medica Indonesiana 2011;43(4):224-228(Pubmed).

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2. Sudarma V, Halim L. High skeletal muscle mass is associated with increased serum 25(OH)D levels in elderly. Universa Medicina 2017;36(3):236-242.
3. Sudarma V, Hegar B, Hidayat A, Agustina R. Human milk oligosaccharides as a missing piece in combating nutritional issues during exclusive breastfeeding. Pediatr Gastroenterol Hepatol Nutr 2021 Nov;24(6):501-09.
4. Sudarma V, Sunardi D, Marzuki NS, Munasir Z, Asmarinah, Hidayat A, Hegar B. Human Milk Oligosaccharide Profiles and the Secretor and Lewis Gene Status of Indonesian Lactating Mothers. Pediatr Gastroenterol Hepatol Nutr. 2023 Sep;26(5):266-276.
5. Istriana E, Sudarma V. The Challenges in Treating Obesity Patients with Major Depressive Disorder (MDD) Treatment: a Case Report. J Biomedika dan Kesehat 2024;7(1):98-103.
6. Wahid BDJ, Sudarma V. Hubungan status gizi dan penurunan fungsi kognitif pada lansia. Seminar National Pakar 2018. ISSN (P): 2615-2584. ISSN (E) : 2615-3343.
7. Chrisanti F, Sudarma V. Hubungan konsumsi susu dengan usia menarche pada anak usia 12-15 tahun. Seminar National Pakar 2018. ISSN (P): 2615-2584. ISSN (E) : 2615-3343.

Presentation Skills :

- 5th World congress on nutrition, dietetics and nutraceuticals (January 2020)
- Poster Presentation Micronutrient Forum 6th Global Conference (The Hague, the Netherlands, October 2023)